

The Public Health Department at The College of New Jersey Presents

# Public Health Week

With a Theme of Teen Pregnancy Prevention

## April 2nd, 2019



Virginia Wheatley, MPH, MS, NJ Department of Health

"When Raw Seafood is a Raw Deal"

Trenton Hall 106 @3:30-4:30pm

Consumption of raw seafood is both ancient and modern. Foods like oysters, ceviche, and sushi are enjoyable to many, but pose particular health risks if not handled correctly. Cases of illnesses from raw seafood will be discussed, as well as how regulatory agencies such as the NJ State Health Department participates in prevention and response of raw seafood associated illness.

## April 3rd, 2019



Thrive Wellness Expo

Recreation Center @ 11am - 2pm

HES Department will provide fun fitness games, sports performance activities, and basic health and fitness testing such as body composition, handgrip strength, vertical jump testing, and resting heart rate and blood pressure. HES students will be present to discuss and answer any questions you have about starting a fitness/exercise program that can be done at the Wellness Center or anywhere on campus. HES 302 students provide some health-related fitness testing. Exercise is Medicine on Campus Club provided fun games and exercise routines. Department of Public Health representatives will attend and discuss undergraduate and graduate Public Health Programs.



Dr. Consuelo Bonillas, PhD, Kean University

"The Social Construction of Health"

Trenton Hall 106 @3:00-4:00pm

Dr. Consuelo Bonillas, Professor of Community Health in the School of Health and Human Performance at Kean University, will discuss how our perception of "what is healthy" is socially constructed. She will discuss how various behaviors, such as smoking during pregnancy, drinking soda during childhood and formula-feeding instead of breastfeeding were (and may still be) socially acceptable. Dr. Bonillas will also review the social determinants of health and how different social identities, such as gender, race, ethnicity, and class intersect and play a vital role in our perceptions of optimal health.